

ESRA REFERRAL GUIDELINES FOR NEW CLIENTS



EAST SUSSEX RECOVERY ALLIANCE
Registered Charity No. 1179560

Guidelines



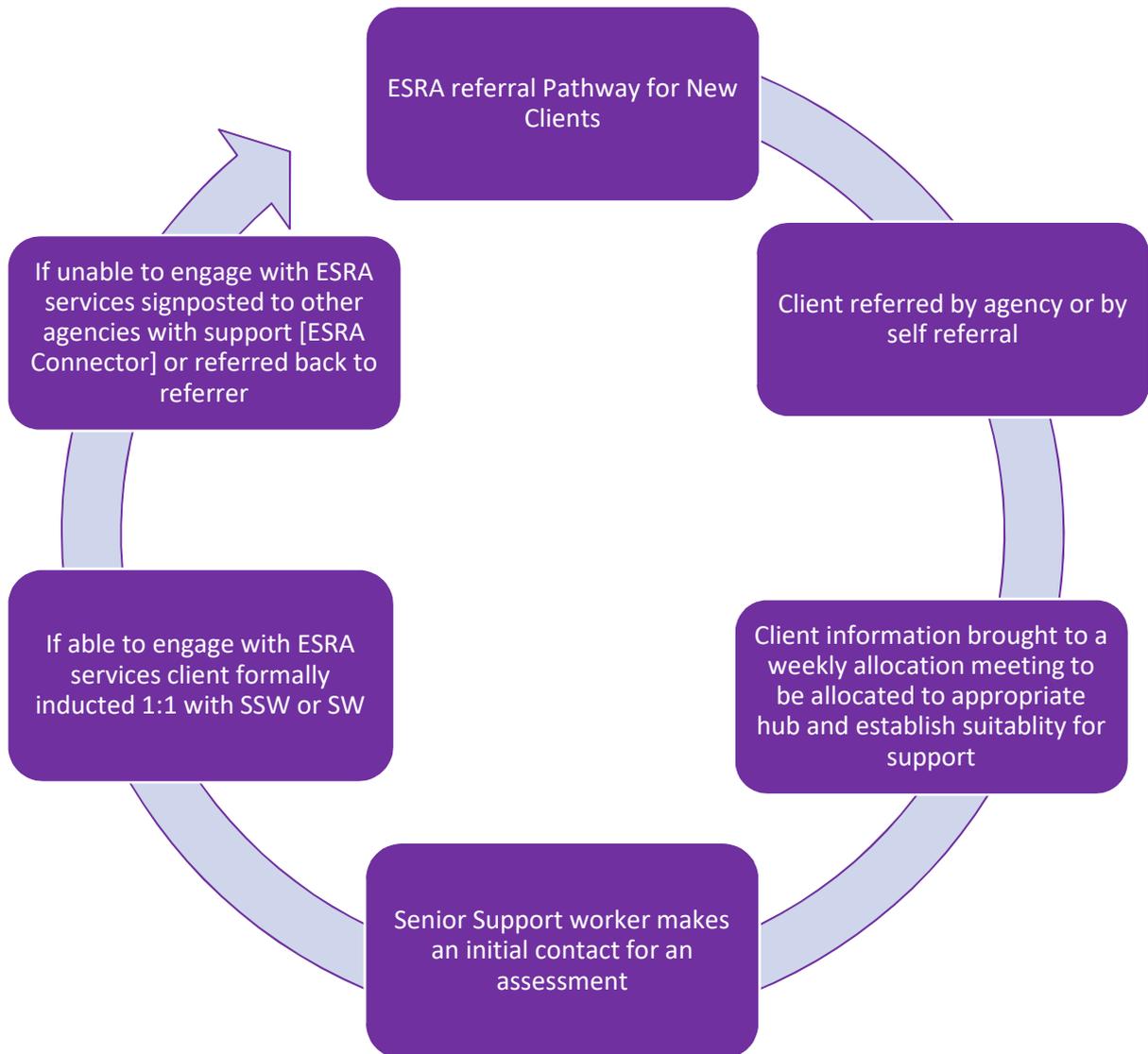
At East Sussex Recovery Alliance, we try to support and help people achieve their goals and support their road to recovery. This support allows them to be the best that they can be so they are able to live and work in their community without stigma and fear.

We are not in control of everything that impacts upon the people who use ESRA. However, we are in control of what we do, how we behave and where we focus our expertise, resources and energy.

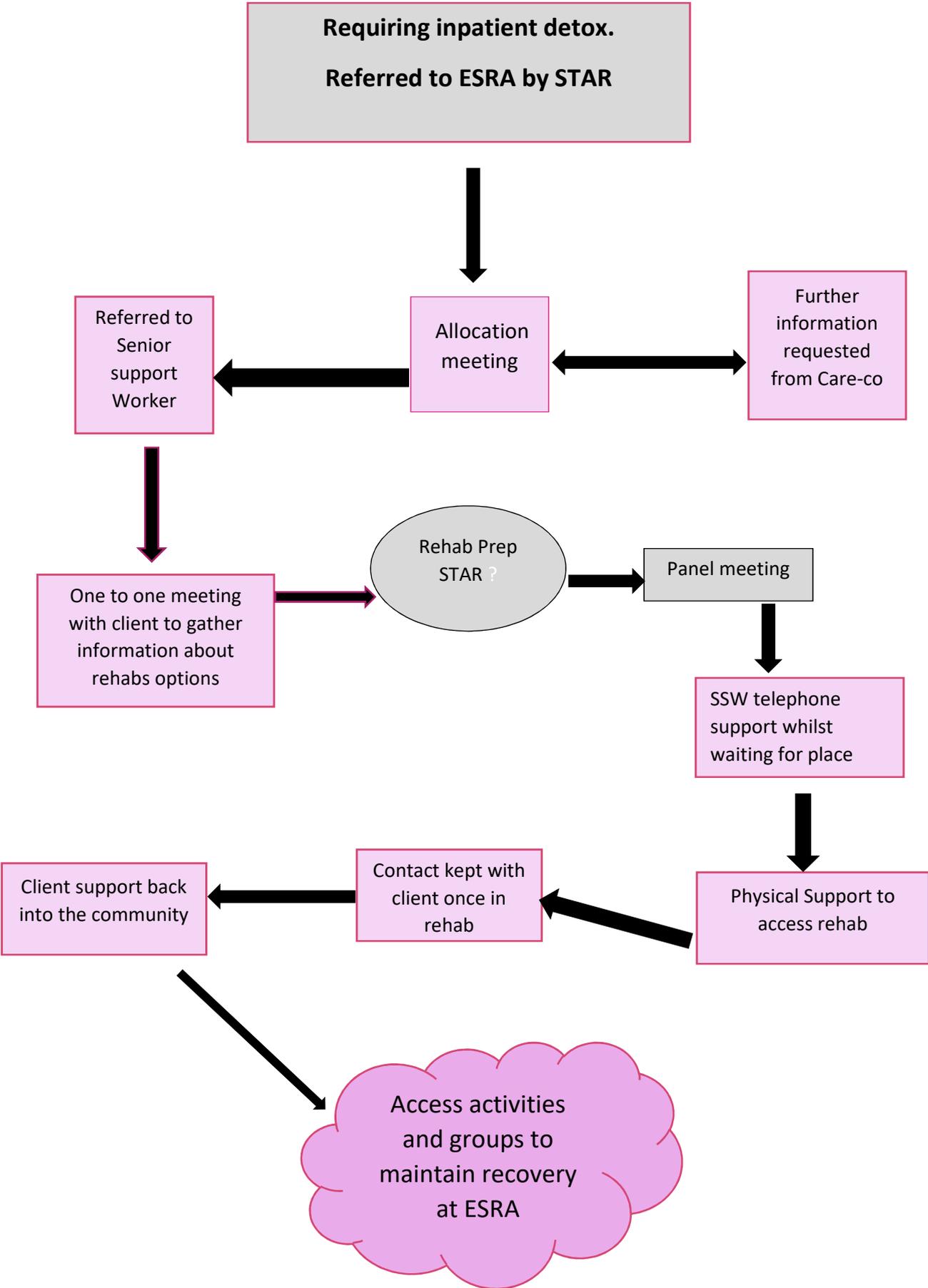
We want our charity to be a place where our staff and people who use our services are respected and engaged. Ultimately, we want to make life safer, easier and better for as many people as we can.

We have flexible services to focus on clients' needs. We support them in their recovery journeys to help them build their own recovery capital to rebuild their lives.

Pathway for New Clients



Care Around Treatment Referral Process and Support Pathway



Assessment Criteria for Referrals

At ESRA we take a person-centred approach. We want to treat all people as individuals and look at what they can do, support their aspirations to change, and find out what would work for their recovery.

- Each client who is referred by an agency, or self refers, will be considered for their suitability for ESRA support based on their individual needs and situation.
- To be eligible, the individual must have begun to manage their own recovery and have a commitment to building their own recovery capital.
- It is also important that they are ready to participate in a mutual aid and peer support approach.
- We will not take clients who are awaiting an assessment with a mental health team and clients who have a complex mental health diagnosis
- We cannot offer support for clients who are actively using and are not in a position to change.
- We do support clients who are on a script or waiting for Detox or rehab through our Care around Treatment project

To gather information about the individual and assess their needs and whether they are suitable to attend ESRA, other questions are considered during this assessment stage. They will include: -

- whether treatment services have been engaged with
- whether equality and diversity factors present any barrier to participation within a recovery peer support ethos
- whether clients are committed and motivated to make a change and start rebuilding their life

- whether clients want to build their own recovery capital with support and guidance
- Potential partnership with other recovery organisations will also be considered looking for key partners who have the best resources and experience to support an individual as they begin to build recovery capital.

To establish this, referrals are brought to a weekly allocation meeting.