



# East Sussex Recovery Alliance

NOVEMBER 2023

## *A BIG Thank you to all our Funders*

ESRA would like to thank all our funders for their generous funding contributions which have allowed our charity to provide much needed support for our clients and volunteers this year. As an organisation that receives no statutory funding to support some of the most vulnerable adults in East Sussex, every penny that is donated ensures that our clients can get help, support and advice so that they are able to continue with their recovery journeys.

As a small local charity, we rely on your generous donations which ensures that we are able continue to offer our clients as many opportunities to activities at ESRA and in their community.

We are also extremely grateful for the support and help that we receive from some of the retailers in Hastings including Tesco Extra, Churchwood Drive, ASDA, St Leonards on Sea, and ALDI, Rye Road who have given us donations at Christmas and also through their neighbourly scheme for surplus food which we then can pass onto our clients.

We are especially grateful to friends and relatives of people that we have worked with who have decided to donate to ESRA in memory of their loved one or for the support that their family member may have received.

**Lloyds Bank Foundation**

**Community Fund**

**Sussex Community Foundation**

**Magdalen & Lasher**

**Chalk Cliff Trust**

**Isabel Blackman**

**Hastings Food Network**

**Hastings Lions**

**MIND**

**Police Community Safety**



[www.esrauk.org](http://www.esrauk.org)



## ESRA receives funding boost

ESRA has received a grant from the Police & Crime Commissioner's Community Safety Fund.

Alison Bissett, Hub Manager who accepted the grant award on behalf of ESRA, explains how the funding will help reduce crime / improve community safety in Hastings and surrounding areas.

Alison said: "We are delighted to have been awarded this grant from the Commissioner's Community Safety Fund, which will go towards supporting our clients in their recovery.

Commending ESRA on its successful bid Mrs Bourne said: "As PCC I have a statutory responsibility for commissioning county-wide community safety and crime prevention programmes.

ESRA is a great example of an innovative local project that aims to make our communities safer.



## Easyfundraising for ESRA

We're now registered with easyfundraising, which means you can help us for FREE. Over 7,000 brands will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself! All you need to do is sign up and remember to use easyfundraising whenever you shop online. It's easy and completely FREE! These donations really mount up, so please sign up to support us at

<https://www.easyfundraising.org.uk/causes/esussexra/>





We have been asking our clients how ESRA has helped them maintain their recovery and here is just some of the great feedback we have received:

- *ESRA has helped with groups, encouragement, routine, key worker and peer support.*
- *By reminding and teaching new ways of coping and sharing stories with other people. ESRA helped me to see that addiction can happen to anyone and helped me feel part of something again*
- *It was nice that the other clients got to know me and would greet me when I arrived and asked how I was. ESRA helped me to be less isolated and make relationships with new people.*
- *Just knowing that there's always someone I could contact.*
- *Reconnecting with life and people. Knowing I'm not the only person with a problem mentally and how to deal with it.*
- *The absolute understanding from all the staff, volunteers and peers enables and strengthens me to try and keep moving forward and takes away the feelings of isolation and sometimes judgement from the outside world.*
- *ESRA has empowered me to keep moving forward despite ongoing personal trauma and challenges. I so look forward to these weekly sessions when I can make them and always leave feeling positive.*

ESRA would like to wish all of our clients, volunteers, funders and partners a very Merry Christmas and a wonderful new year.

We are incredibly grateful for the opportunity to work alongside over 270 people in the last year, giving them the tools to maintain long-term recovery and we look forward to supporting more people next year, helping them to manage their recovery journey.

We would like to thank all our partners and funders who we have worked with over the last year, enabling ESRA to continue to support clients in a positive way, and giving them opportunities to try new activities.

You are all welcome to attend our AGM on the 20th December 2023 at 11.30 – 12.00. Join us for a coffee and a mince pie and don't forget to book your Christmas dinner if you haven't already!

ESRA will be closed on the 22nd December and reopen on the 3rd January 2024.

Other organisations open over the Festive season:

- The Salvation Army are running a two-day Christmas event on Christmas day and Boxing Day which is open to everyone.
- His Place is open throughout the Christmas period as well as the café on Christmas day and Boxing day for Christmas dinner.
- Warming Up the Homeless
- Seaview

**ESRA would like to wish everyone a very Merry Christmas and a happy and healthy 2024**

