



# East Sussex Recovery Alliance

December 2024



## ESRA AGM 2024

The East Sussex Recovery Alliance AGM was a fantastic opportunity to reflect on our achievements over the past year and discuss the exciting plans for the future. We deeply appreciate the invaluable contributions from our dedicated staff, volunteers, and community partners, whose passion and hard work continue to drive our mission forward. A heartfelt thank you to everyone who attended the meeting, shared insights, and offered their support - your presence and input are vital in shaping our ongoing efforts to empower recovery and build a stronger, more connected community.



[www.esrauk.org](http://www.esrauk.org)



## *A Touch of Gentleness at ESRA*

*For over two years, we've been proudly partnering with A Touch of Gentleness to bring relaxation and care to ESRA! Every month, Helen and her wonderful team of volunteers have joined us to offer soothing hand massages to both clients and staff, bringing a touch of calm and promoting well-being for all.*

*As a heartfelt thank you for their dedication, ESRA recently opened up our Recovery Hub to host their latest volunteer training session - free of charge! We celebrated this partnership with a delicious lunch prepared by Alison and the team, creating a truly special day in the spirit of collaboration and care.*



*ESRA would like to say a big thank you to Tesco for their donation to our Christmas hamper this year and to Hastings Round Table for £750 towards our Christmas dinner celebrations.*

*We would also like to thank all those funders who have continued to support us in the past year:*

*Lottery, Garfield Weston, Co-op Foundation  
Magdelene Lasher, Sussex Community  
Foundation, Chalkcliff Trust and the  
Hastings Round Table.*

*Donations and support from families, staff,  
clients using our donation pots and people using  
our easyfundraising – a total of £2000.00.*

*We would also like to take this opportunity to  
thank our Trustees for all their continued support  
and commitment to ESRA.*





## Christmas Celebrations

This year's Christmas festivities at ESRA were truly magical! We were delighted to welcome 45 people, including our Trustees, to our fabulous Christmas Lunch prepared by Debbie, Bill and Alison. The atmosphere was filled with warmth, laughter, and Christmas cheer.

After lunch, the fun continued with Chocolate Bingo in the Den a spirited competition that brought plenty of smiles and excitement!

As we wrap up the year, all of us at ESRA want to wish you a very Happy Christmas and thank you for being part of our recovery community. We can't wait to see you in the New Year!

### Here's a glimpse of what's coming up in January:

Starting January 6th, we'll kick off the year with our WRAP course at Central Hall (pre-booking required).

Our popular Drop-In sessions will resume every Wednesday morning at the Community Hub in Hastings.

Keep an eye out in the New Year for more details on these and other exciting activities!

**Wishing you a joyful Christmas and a bright start to 2025!**





*We would like to extend heartfelt thanks to Ali for her incredible dedication and hard work over the past seven years. ESRA's success would not have been possible without her. She has consistently given 110%, and her contributions have left an indelible mark. Ali will be sorely missed, and we wish her the very best in her next adventure.*



*A special thank you also goes to Debbie for her wonderful cooking, especially the Wednesday roasts, which have been a highlight of our weeks. We will be reapplying for lottery funding once their new strategy is announced.*



*We would like to thank all the staff and volunteers for all their hard work.*



### **Easy Fundraising**

Help increase our chances of winning £250! Sign up to support East Sussex Recovery Alliance on #easyfundraising today! Each new person who joins counts as an entry. It's completely free, and winning would really make a big difference to us! Plus, you get to support us for free all year round as you do all your online shopping! Get started:

<https://join.easyfundraising.org.uk/esussexa/FSZ668/c2s/FZ9Up2Ac/CE809/facebook/>

call: **07399 153768** or email: [info@esrauk.org](mailto:info@esrauk.org)